

Monday		Tuesday	Wednesday	Thursday	Friday
 <div><h1>FREE Sports Physicals</h1><p>Saturday, August 11, 2018 10:30am-2:00pm Fairfield PAL Center 2195 Union Ave, Fairfield CA</p><p>✓ Sports and team physical evaluations for middle and high school students done by Kaiser Permanente! ✓ PAL Boxing and Kajukenbo demonstrations! PAL Center tours and more!</p><p>Be sure to bring your school Physical Release Form with you. Call 422 6288 for more information.</p></div>			1 4pm/5pm Boxing 4:30pm Left /Right Game 5pm Kajukenbo 6pm Sit Down with Sammy 6:30pm BINGO 7pm Ice Water Feet Fishing 7:30pm Unstoppable Bobble 8pm Pickle Ball	2 4pm/5pm Boxing 4:30pm Water Balloon Bingo 5pm Kajukenbo 5:30pm Community Service Club Mtg. 6pm Whip It Up: Breakfast Burritos 7pm Four Square 8pm PITT!	3 4pm/5pm Boxing 5pm Kajukenbo 6pm PAL NINJA WARRIOR 8pm 3 on 3 Basketball Tournament 8:30pm Flashback Board / Video Games 9pm Protect the Pizza Challenge
6 4pm/5pm Boxing 4:30pm Chill & Spill: My Intent Bracelets / Tag the Art Game (Round 1) 5pm Kajukenbo 6pm Office Chair Shuffleboard 7pm Bank Craft 8pm Worm Races	7 4pm/5pm Boxing 4:30pm Pie Face 5pm Kajukenbo 5pm Basketball Drills 5pm What's Poppin? 6pm QTip Wars 7pm No Stress Chess 8pm Ninja Tournament	8 4pm/5pm Boxing 4:30pm Chee-toes 5pm Kajukenbo 5:30pm Giant Game Night 6pm Sit Down with Sammy 7pm Down Ball Dinner with the Rotary!	9 4pm/5pm Boxing 4:30pm TOAST Challenge! 5pm Kajukenbo 5:30pm Squirt Gun Painting 6pm Whip It Up: Tater Tot Breakfast Pizza 7pm Jungle Pong 8pm Pretzel Bobbing	10 Madden 19 Video Game Tournament 4pm/5pm Boxing 5pm Kajukenbo 4:30pm Food Pantry! 6pm PAL NINJA WARRIOR 8pm 3 on 3 Basketball Tournament 9pm Laser Tag!	
13 3pm Community Circle 4pm/5pm Boxing 4:30pm Chill & Spill: Behind the #Filter 5pm Kajukenbo 6pm Balloon Battle 6:30pm Michael Jackson Cardio Drumming 7pm Saran Wrap Relays 8pm Cup Stacking Challenge	14 4pm/5pm Boxing 4:30pm Koolaid Playdough 5pm Kajukenbo 5pm What's Poppin? 6pm Wicked KickBall 6pm Flying Feathers 7pm Dueling Unicorns 8pm Balloon Goons Contest	15 3pm Homework Zone 4:30pm Toast Painting 4pm LIBRARY VISIT! 4pm/5pm Boxing 5:30pm Bowling 6pm Sit Down with Sammy 7pm Fixer Up: Bird House Edition	16 3pm Homework Zone 4pm GPA BootCamp; Back to School Scavenger Hunt 4pm/5pm Boxing 5pm Kajukenbo 6pm Whip It Up: Breakfast Smoothies . Overnight Oatmeal Cups Dinner with the Matt Garcia Foundation	17 4pm/5pm Boxing 5pm Kajukenbo 6pm PAL NINJA WARRIOR: Soap Hockey 8pm 3 on 3 Basketball Tournament 8pm POSE Fashion Show 8:30pm Flashback Video Games	

20 3pm Community Circle 3pm Homework Zone 4pm/5pm Boxing 4:30pm Chill & Spill : Skits 5pm Kajukenbo 6:30pm Tupac Cardio Drumming 7pm You've Been Served Challenge 8pm Soda Pop Slime	21 3pm Homework Zone 3:30pm Global Graffiti Wall 4pm/5pm Boxing 5pm Kajukenbo 5pm What's Poppin? 6pm Cherry Limade Lip Scrub 7pm Lost in Translation Challenge	22 3pm Homework Zone 4:30pm Stress Balls 4pm/5pm Boxing 5pm Kajukenbo 5:30pm Giant Uno Tournament 6pm Sit Down with Sammy 7pm Blindfolded Dodgeball	23 3pm Homework Zone 4pm GPA BootCamp: Set Up For Success 4pm/5pm Boxing 5pm Kajukenbo 6pm Whip It Up : Breakfast Muffins 7pm Giant Dominos 8pm Flag Football	24 4pm/5pm Boxing 5pm Kajukenbo 4:30pm Food Pantry 6pm PAL NINJA WARRIOR : Skate Night 8pm 3 on 3 Basketball Tournament 8:30pm Flashback Video Games
27 3pm Community Circle 3pm Homework Zone 4pm/5pm Boxing 4:30pm Chill & Spill: Vision Banners / Tag the Art Game 5pm Kajukenbo 6:30pm Beyonce Cardio Drumming 5pm Health Care Academy 7pm WHYTRY	28 3pm Homework Zone 3:30pm Global Graffiti Wall 4pm/5pm Boxing 5pm Kajukenbo 5pm What's Poppin? 6pm Starry Night Stepping Stones 7pm Foot Volleyball	29 3pm Homework Zone 4pm/5pm Boxing 4pm LIBRARY VISIT! 5pm Kajukenbo 5:30pm Domino Tournament 6pm Sit Down with Sammy 7pm Guess the Gargle 8pm Strobe Light Charades Buffalo Wild Wing Night	30 3pm Homework Zone 4pm GPA BootCamp: Scheduling To Make It Happen 4pm/5pm Boxing 5pm Kajukenbo 6pm Whip It Up : Peanut Butter Cup Oatmeal 7pm Speak Out: Throw Down Edition	31 NBA2k19 Tournament 4pm/5pm Boxing 5pm Kajukenbo 6pm PAL NINJA WARRIOR 8pm 3 on 3 Basketball Tournament 8pm The Oreo Games 8:30pm Flashback Video Games 8pm Archery Tag!